



THE SELBY

SUMMER AT THE SELBY 2025

An essential guide to discovering
Long Island through the lens of The Selby

www.selbyli.com



YOUR EFFORTLESS, INSPIRING, *and* UNFORGETTABLE SUMMER STAY

This curated Summer Guide was designed with you in mind, offering a detailed look at everything The Selby has to offer – from property highlights and thoughtful amenities to a calendar of exclusive on-site events and experiences. Inside you'll also find our personal recommendations for the best dining, shopping, and cultural attractions in the area, along with helpful tips to make the most of your time in and around Long Island. Think of it as your personal concierge in print – a go-to guide to elevate your extended stay with style, ease, and just the right touch of luxury. We're so glad you're here. Let summer begin.



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AIRPORTS

GETTING TO & FROM THE SELBY

JOHN F. KENNEDY INTERNATIONAL AIRPORT (JFK)

21 MILES AWAY

JFK Airport, Queens, NY 11430

LAGUARDIA AIRPORT (LGA)

22 MILES AWAY

94-00 Grand Central Parkway, East Elmhurst, NY 11371

MACARTHUR AIRPORT (ISP)

31 MILES AWAY

100 Arrival Avenue, Ronkonkoma, NY 11779

REPUBLIC AIRPORT (PRIVATE) (FRG)

14 MILES AWAY

7150 Republic Airport, Farmingdale, NY 11735



PARKING

AT THE SELBY

To ensure a smooth and comfortable experience for everyone, we'd like to share information related to parking at The Selby during your stay.

All extended stay guests have access to assigned parking spaces in our covered garage, conveniently located near the property's service elevators. To help our team we ask that you display both your Extended Stay parking tag and your standard parking pass on your rearview mirror throughout your stay.

Please note that the exterior parking in front of the building is reserved for restaurant patrons, leasing office visitors, and guests, so we kindly ask that Extended Stay guests use their designated garage spaces only.

Service elevators from the garage to the main building are around the corner from the assigned Executive Suite parking area, offering easy direct access to your accommodation.

Lastly, we kindly ask that all parking passes be returned at checkout. A \$50 replacement fee will apply for any passes not returned at the end of your stay. Thank you again for choosing The Selby. We're delighted to have you here!



HOUSEKEEPING

10AM-3PM

As part of our extended stay service, housekeeping is offered every third day, alternating between a light and deep cleaning. Our housekeeping team is available daily from 10AM-3PM. If you need additional linen or terry, please dial “0” from your room phone for each the concierge desk and request delivery. After 4:30PM, we will deliver the requested items at our earliest convenience, or you’re welcome to stop by the desk to pick them up.

Should you need additional supplies outside of your scheduled service days– such as shower and bath products or coffee supplies – these are available for purchase at the front desk.

BREAKFAST

SERVED DAILY FROM 8:00AM TO 10:00 AM
IN THE KITCHEN

Indulge in our complimentary cold continental breakfast, served daily from 8:00AM to 10:00 AM in the kitchen between Memorial Day and Labor Day. Curated with care for our valued guests, the spread features an elegant selection of bagels, pastries, artisanal bread with spreads, creamy yogurts, cereals, and seasonal fruit. The bagels and pastries are provided by local Long Island bakeries. Offerings may vary slightly depending on availability. This exclusive experience is reserved for our registered guests as part of your elevated stay.

Please alert the breakfast attendant of any allergies.



PROPERTY EVENTS

JUNE-AUGUST

JUNE 6: *National Donut Day*

JUNE 12: *National Rose Day wine tasting*

JUNE 21: *Summer Solstice Outdoor Yoga & Sound Bath*

JUNE 26: *Summer at The Selby Happy Hour*

JULY 20: *National Ice Cream Day Social*

JULY 31: *Summer at The Selby Happy Hour*

AUGUST: *Annual BBQ, date to be announced*

AUGUST 28: *Summer at The Selby Happy Hour*



Grill Area



Pool Deck

FITNESS CALENDAR

*Resident events and fitness classes are subject to change.
Please reference an updated schedule in the Fitness Center or at the Concierge desk.

T + B FITNESS CLASS SCHEDULE: *May 16th - August 31st 2025*

CIRCUIT TRAINING - *Wednesday - 6:00 p.m. (Mirv)*
A High Energy Interval Training Class That Incorporates Various Modalities
As You Flow From Exercise To Exercise To Build Lean Muscle And Burn Fat!

YOGA - *Thursday - 7:00 p.m. (Kasha)*
Incorporates Movement And Breath To Create A Vinyasa Flow.
Catered To Improve Balance, Flexibility, Strength And Endurance!



Yoga Room



Fitness Center

FULL BODY BOOT CAMP - *Saturday - 9:00 a.m. (Mirv)*
Expect To Challenge Your Mind And Body As You Alternate Between High
And Low Intensity Exercises Through Timed Intervals Of Free Weights,
Plyometrics, Cardio Training, and Balance Work!

YOGA - *Sunday - 10:00 a.m. (Kasha)*
Incorporates Movement And Breath To Create A Vinyasa Flow. Specifically
Catered To Improve Balance, Flexibility, Strength And Endurance!

AQUA AEROBICS - *Sunday - 10:00 a.m. (Assia)*
Enjoy having some fun in the sun! Burn 700 calories in this aqua aerobics
class with the lovely Assia!

Private and Group Personal Training Available 24/7 By Appointment!
Weight Loss | Strength | Hypertrophy | Boxing + Kick Boxing | Stretch |
Cardio Conditioning

TO SCHEDULE AN APPOINTMENT PLEASE CONTACT:
Tommy Bastardi
Phone: (914) 406-3476
Email: Tom.Bastardi@Outlook.com

GOLFING ON LONG ISLAND

EISENHOWER PARK

Features 18-hole golf courses – Red, White, and Blue – all open to the public. In addition to the golf courses, Eisenhower Park offers a driving range and other recreational facilities. Tee times can be booked through the Nassau County Gold website or by contacting the park directly 516-572-0327

BETHPAGE STATE PARK – BLACK COURSE (FARMINGDALE)

Renowned globally, the Bethpage Black Course is a challenging track that has hosted major tournaments, including the U.S. Open and PGA Championship. It's set to host the Ryder Cup in 2025. Known for its difficulty, it's recommended for experienced golfers.
99 Quaker Meeting House Road, Farmingdale, NY 11735 | 516-249-0701



TOWN OF OYSTER BAY GOLF COURSE

Golfers can enjoy a challenging round at this public course with a variety of holes and a social atmosphere.
1 S Woods Rd, Woodbury, NY 11797 | 516-677-5980

HARBOR LINKS GOLF COURSE

Situated on the North Shore, Harbor Links offers both an 18-hole championship course and a 9-hole executive course. It's praised for its facilities and commitment to service.
1 W. Fairway Drive, Port Washington, NY 11050 | 516-767-4816

MONTAUK DOWNS STATE PARK GOLF COURSE

Located at the eastern tip of Long Island, this course offers a scenic and challenging experience, often influenced by coastal winds. It's favorite among locals and visitors alike.
50 S Fairview Ave, Montauk, NY 11954 | 631-668-5000

SIGHTSEEING

GOLD COAST MANSIONS

Don't miss the historic Gold Coast mansions, once home to America's wealthiest families during the Gilded Age. These grand estates offer a glimpse into opulent architecture, lush gardens, and the inspiration behind The Great Gatsby.

SANDS POINT PRESERVE (13.5 MI)

127 Middle Neck Rd, Sands Point, NY 11050 | (516) 571-7901

COE HALL AT PLANTING FIELDS ARBORETUM (12.6 MI)

1395 Planting Fields Rd, Oyster Bay, NY 11771 | (516) 922-9210

OLD WESTBURY GARDENS (2.9 MI)

71 Old Westbury Rd, Old Westbury, NY 11568 | (516) 333-0048

OHEKA CASTLE (11.8 MI)

135 W. Gate Dr, West Hills, NY 11743 | (631) 659-1400

VANDERBILT MUSEUM & PLANETARIUM (22.3 MI)

180 Little Neck Rd, Centerport, NY 11721 | (631) 854-5579



Oheka Castle



Pindar Vineyards

WINERIES

LONG ISLAND WINE COUNTRY

Explore scenic vineyards and wineries for a relaxing, unforgettable experience. The North Fork offers rolling countryside, charming tasting rooms, and award-winning wines – perfect for a laid-back day trip or romantic getaway. For private tour requests, please see the concierge desk.

BEDELL CELLARS (67 MI)

36225 Main Rd, Cutchogue, NY 11935 | (631) 734-7537

KONTOKOSTA WINERY (75 MI)

825 North Rd, Greenport, NY 11944 | (631) 477-6977

MACARI VINEYARDS (62 MI)

150 Bergen Ave, Mattituck, NY 11952 | (631) 298-0100

SOUTH FORK WINERIES

Explore charming wineries for a taste of the Hamptons' elegant yet relaxed vibe. With scenic vineyard views, small-batch wines, and refined tasting experiences, it's the perfect way to sip and unwind in a beautiful coastal setting.

WOLFFER ESTATE VINEYARD (78 MI)

139 Sagg Rd, Sagaponack, NY 11962 | (631) 537-5106

DUCK WALK VINEYARDS (68 MI)

44535 Main Rd, Southold, NY 11971 | (631) 765-3500

CHANNING DAUGHTERS WINERY (78 MI)

1927 Scuttle Hole Rd, Bridgehampton, NY 11932 | (631) 537-7224

FARMER'S MARKETS

Long Island boasts a vibrant array of farmers markets, offering fresh, locally sourced produce and artisanal goods. Below are some of the top farmers markets in Nassau County, along with their 2025 schedules.

CCE NASSAU FARMERS MARKET AT EISENHOWER PARK

Dates: TBD, Saturdays
Hours: 9:00 AM – 1:00 PM Location: Parking Field 8

NORTHPORT FARMERS MARKET

Dates: Saturdays, June 7 – November 11
Hours: 8:00 AM – 12:30 PM

HUNTINGTON FARMERS MARKET

Opening Day: Sunday, June 1, 2025
Hours: 8:00 AM – 12:30 PM

DEEP ROOTS FARMERS MARKET

Dates: Saturdays, June – October 2025
Hours: 9:00 AM – 1:00 PM

LONG BEACH FARMERS MARKET

Dates: Wednesdays & Saturdays, May 2 – November 23
Hours: 9:00 AM – 2:00 PM

SYOSSET FARMERS MARKET

Dates: Saturdays, May 10 – November 1
Hours: 10:00 AM – 2:00 PM



SHOPPING

ROOSEVELT FIELD MALL (GARDEN CITY)

One of the largest shopping malls in the U.S, featuring luxury brands, department stores, and a wide variety of restaurants.
Key Stores: Nordstrom, Bloomingdale’s, Macy’s, Gucci, Apple Store.

WALT WHITMAN SHOPS (MELVILLE)

Upscale, open-air style shopping center with high-end retailers and elegant design.
Key Stores: Saks Fifth Avenue, Bloomingdale’s, Louis Vuitton, Anthropologie

THE AMERICANA MANHASSET (MANHASSET)

Luxury outdoors shopping center often called the “Rodeo Drive of Long Island”.
Key Stores: Chanel, Hermes, Cartier, Prada, Tesla

TANGER OUTLETS DEER PARK & RIVERHEAD (DEER PARK & RIVERHEAD)

Outdoor outlet mall offering discounts on designer and brand-name items.
Key Stores: Nike, Coach, Michael Kors, Calvin Klein, Adidas.



RESTAURANTS

THE SHED (AMERICAN & BRUNCH) ON-SITE

685 Merrick Ave, Westbury, NY 11590
(516)794-0572 | www.intheshed.com
Thursday-Sunday Pool Side Service Available



FARM ITALY (OPENING JULY 2025)

725 Merrick Ave, Westbury NY 11590
www.thefarmitaly.com

TESORO RISTORANTE (ITALIAN)

697 Old Country Rd, Westbury, NY 11590
(516)334-0022 | www.tesororestaurant.com

PLORI RESTAURANT (GREEK & BRUNCH)

307 Old Country Rd, Carle Place, NY 11514
(516)279-4762 | www.ploriny.com

TOSKANA PIZZA (PIZZA/ITALIAN)

163 Post Ave, Westbury, NY 11590
(516)414-7585 | www.toskanapizza.com

RESTAURANTS

TULUM TACOS & TEQUILLA (MEXICAN)

230 Jericho Tpke, Mineola, NY 11501
(516)246-9499 | www.Tulumta.com

CITY CELLAR (AMERICAN MODERN)

1080 Corporate Dr, Westbury, NY 11590
(516)693-5400 | www.citycellarny.com

PUNTA CANA DOMINICAN GRILL (DOMINICAN BOWLS & EMPANADAS)

162 Post Ave, Westbury, NY 11590
(516)280-4099 | www.puntacanadominicangrill.net

KABUL KABAB HOUSE (MEDITERRANEAN)

247 Post Ave, Westbury, NY 11590
(516)280-4753 | www.kabulkababhouse.com

THE CHEESECAKE FACTORY (AMERICAN)

1504 Old Country Rd, Westbury, NY 11590
(516)222-5500 | thecheesecakefactory.com

FANDOQ (PERSIAN)

1610 Old Country Rd, Westbury, NY 11590
(516)279-4551
<https://order.toasttab.com/online/fandoq-1610-old-country-road>

KPOT KOREAN BBQ & HOT POT(KOREAN)

1500 Old Country Rd #102B-2, Westbury, NY 11590
(631)228-3668 | thekpot.com

NASSAU COUNTY'S MUSEUM ROW

Museum Row in Garden City, Nassau County, features four unique museums: Cradle of Aviation, Nassau County Firefighter Museum, Long Island Children's Museum, and the upcoming Long Island Museum for Science and Technology. Spend a day exploring all or visit one at a time.

CRADLE OF AVIATION

Discover aviation history with a focus on Long Island, view model planes, artifacts, and sit in a fighter plane. Enjoy the Blue Angels Ride Theater, dome theater films, or sky theater planetarium..

THE NASSAU COUNTY FIREFIGHTER MUSEUM AND EDUCATION CENTER

Explore the heritage of Nassau County's volunteer fire service, see restored firefighting artifacts, and learn about fire safety advancements.

LONG ISLAND CHILDREN'S MUSEUM

Fun for all ages with hands-on science exhibits in galleries like Brick & Stick and Tool Box. Offers family programs, school field trips, and a "Museum on the Go."

LONG ISLAND MUSEUM FOR SCIENCE AND TECHNOLOGY

Under construction, this museum will offer interactive science and technology exhibits and connect to the Cradle of Aviation.

STATE PARKS & BEACHES

Take time to explore Long Island’s stunning state parks and beaches, where natural beauty meets outdoor adventure. From hiking scenic trails to relaxing on pristine shorelines, these spots offer the perfect escape from the everyday.

State Parks

CAUMSETT STATE HISTORIC PARK PRESERVE
(LLOYD HARBOR)

CONNETQUOT RIVER STATE PARK PRESERVE
(OAKDALE)

CALEB SMITH STATE PARK PRESERVE
(SMITHTOWN)

NISSEQUOGUE RIVER STATE PARK PRESERVE
(KINGS PARK)

Beaches

JONES BEACH STATE PARK (WANTAGH)

LONG BEACH (LONG BEACH)

ROBERT MOSES (FIRE ISLAND)

COOPERS BEACH (SOUTHAMPTON)

FIRE ISLAND NATIONAL SEASHORE
(FIRE ISLAND, FERRY RIDE REQUIRED)





Jones Beach Theater



Old Westbury Gardens

NASSAU COUNTY VENUES

EISENHOWER PARK

This summer, discover the vibrant offerings of Eisenhower Park – a premier destination for seasonal enjoyment. From free outdoor concerts and nationally recognized barbecue festivals to lively farmers markets, mini golf, and so much more, there’s something for everyone to enjoy. Explore the full schedule of events at the official site: [Free Concerts & Movies | Nassau County, NY - Official Website](#)

OLD WESTBURY GARDENS

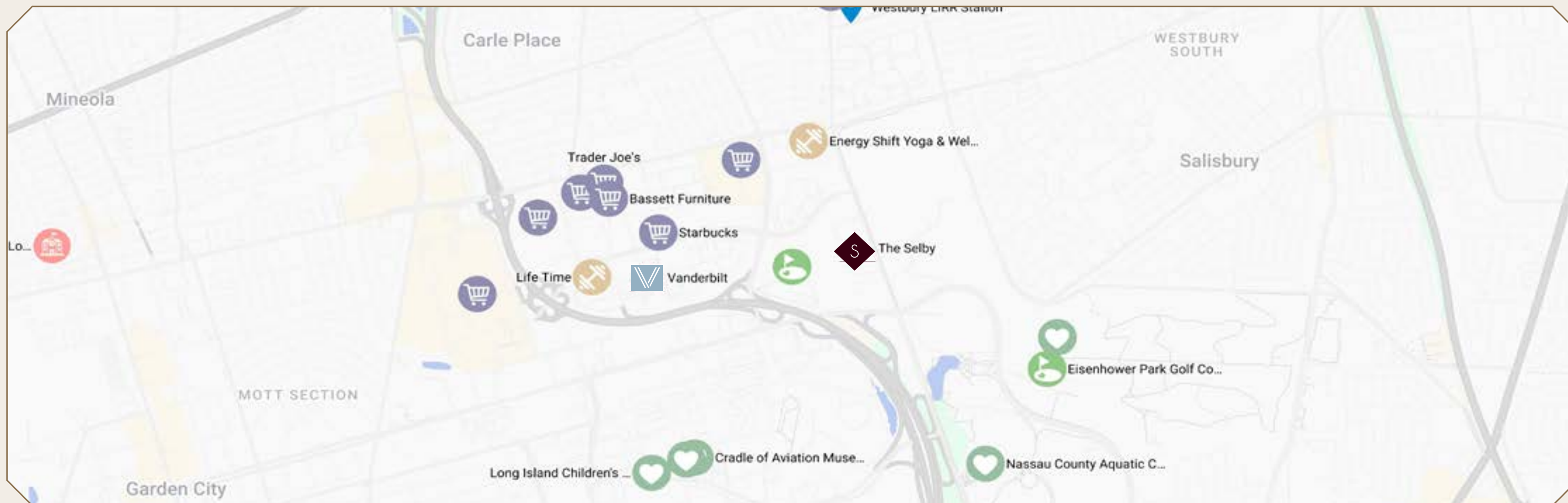
Offering a variety of cultural events, educational programs, and seasonal activities makes Old Westbury Gardens a cherished destination for history enthusiasts, garden lovers, and families alike. Full calendar of events at the official site: [Events Calendar — Old Westbury Gardens](#)

THE FLAGSTAR AT WESTBURY MUSIC FAIR (FORMERLY NYCB THEATRE AT WESTBURY)

A premier destination for concerts, comedy shows, and theatrical performances, maintain its legacy as one of Long Island’s most cherished cultural landmarks. [Flagstar at Westbury Music Fair | Westbury, NY | Westbury Music Fair](#)

THE NORTHWELL HEALTH AT JONES BEACH THEATER

Situated within Jones Beach State Park, the theater offers audiences an unparalleled experience with performances set against the backdrop of the Atlantic Ocean. Its unique location and design have made it a favorite destination for both artists and fans, hosting a diverse array of concerts and events throughout the summer season. For more information on upcoming events and tickets, visit the official website: [JonesBeach.com - Theater Concerts 2025 | State Park | Tickets](#)



LIFE *in the* HEART of LONG ISLAND

A CENTRAL LOCATION

The Selby places residents steps from the tree-lined trails and rolling green fairways of the 930-acre Eisenhower Park in the coveted village of Westbury. Just outside The Selby, a world of recreation awaits, including three golf courses, tennis courts, skating rinks and the largest aquatics center in the Northeast. Within minutes of home are Long Island's most acclaimed boutiques, world-class dining, sports venues, arts and entertainment centers, and picturesque beaches. From its central, commuter-friendly location, The Selby offers convenient nearby access to Long Island's freeways and the Westbury LIRR station, offering 40-minute service to New York City's Penn Station.



THESELBYLI.COM

Leasing Gallery Open Daily 10am — 5pm
695 Merrick Avenue, Westbury, New York 11590
516-908-8498



*Prices and availability are subject to change without notice.



