



# THE SELBY

## WINTER AT THE SELBY 2026

An essential guide to discovering  
Long Island through the lens of The Selby

[www.selbyli.com](http://www.selbyli.com)

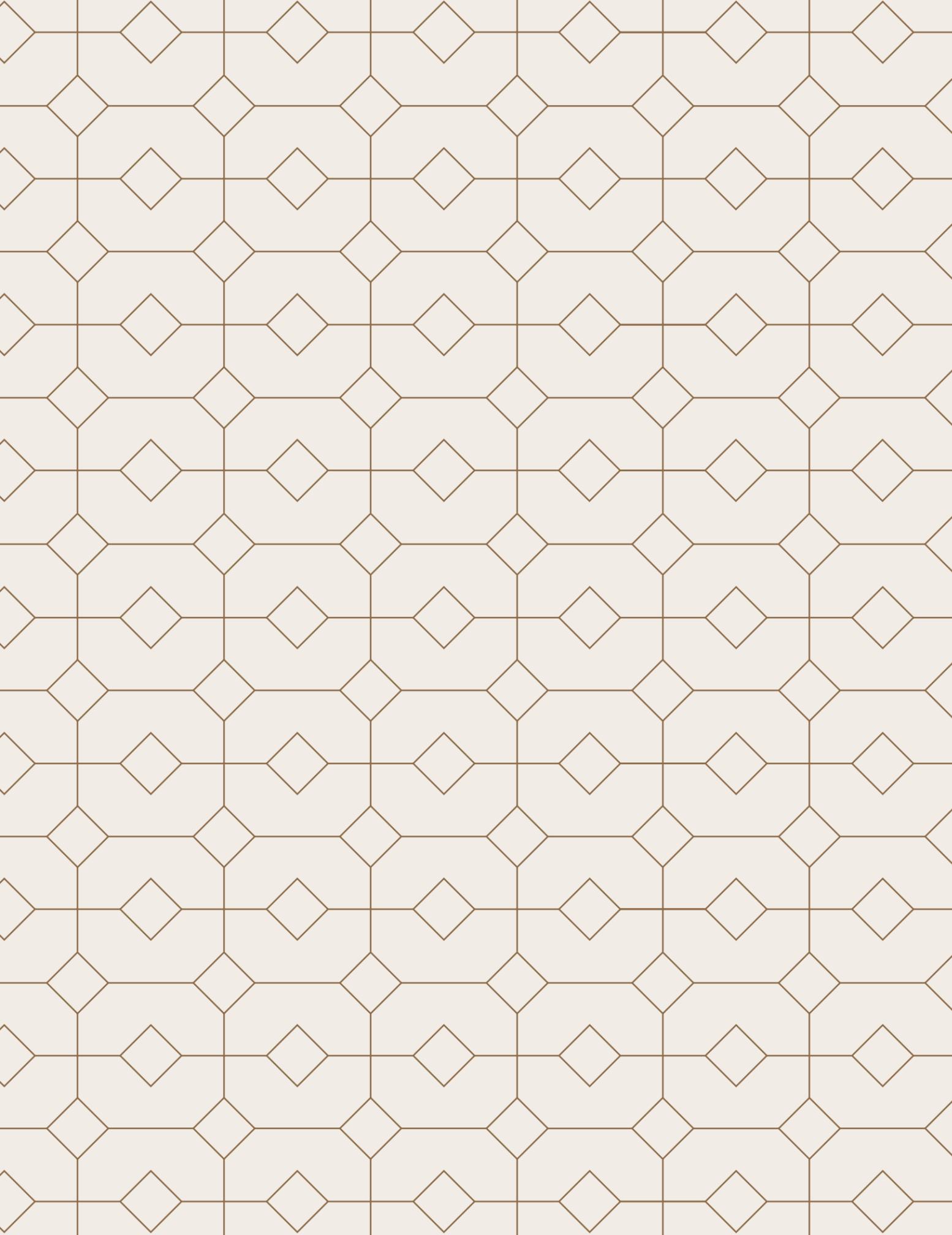


# YOUR EFFORTLESS, INSPIRING, *and* UNFORGETTABLE WINTER STAY

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This curated Winter Guide was designed with you in mind, offering a detailed look at everything The Selby has to offer – from property highlights and thoughtful amenities to a calendar of exclusive on-site events and experiences. Inside you'll also find our personal recommendations for the best dining, shopping, and cultural attractions in the area, along with helpful tips to make the most of your time in and around Long Island. Think of it as your personal concierge in print – a go-to guide to elevate your extended stay with style, ease, and just the right touch of luxury. We're so glad you're here. Let winter begin.

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# AIRPORTS

## GETTING TO & FROM THE SELBY

### JOHN F. KENNEDY INTERNATIONAL AIRPORT (JFK)

21 MILES AWAY

*JFK Airport, Queens, NY 11430*

### LAGUARDIA AIRPORT (LGA)

22 MILES AWAY

*94-00 Grand Central Parkway, East Elmhurst, NY 11371*

### MACARTHUR AIRPORT (ISP)

31 MILES AWAY

*100 Arrival Avenue, Ronkonkoma, NY 11779*

### REPUBLIC AIRPORT (PRIVATE) (FRG)

14 MILES AWAY

*7150 Republic Airport, Farmingdale, NY 11735*



# PARKING

## AT THE SELBY

To ensure a smooth and comfortable experience for everyone, we'd like to share information related to parking at The Selby during your stay.

All extended stay guests have access to assigned parking spaces in our covered garage, conveniently located near the property's service elevators. To help our team we ask that you display both your Extended Stay parking tag and your standard parking pass on your rearview mirror throughout your stay.

Please note that the exterior parking in front of the building is reserved for restaurant patrons, leasing office visitors, and guests, so we kindly ask that Extended Stay guests use their designated garage spaces only.

Service elevators from the garage to the main building are around the corner from the assigned Executive Suite parking area, offering easy direct access to your accommodation.

Lastly, we kindly ask that all parking passes be returned at checkout. A \$50 replacement fee will apply for any passes not returned at the end of your stay. Thank you again for choosing The Selby. We're delighted to have you here!



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# HOUSEKEEPING

10AM-3PM

As part of our extended stay service, housekeeping is offered every third day, alternating between a light and deep cleaning. Our housekeeping team is available daily from 10AM-3PM. If you need additional linen or terry, please dial "0" from your room phone for each the concierge desk and request delivery. After 4:30PM, we will deliver the requested items at our earliest convenience, or you're welcome to stop by the desk to pick them up.

Should you need additional supplies outside of your scheduled service days— such as shower and bath products or coffee supplies – these are available for purchase at the front desk.

# BREAKFAST

SERVED DAILY FROM 8:00AM TO 10:00 AM  
IN THE KITCHEN

Indulge in our complimentary cold continental breakfast, served daily from 8:00AM to 10:00 AM in the kitchen between Memorial Day and Labor Day. Curated with care for our valued guests, the spread features an elegant selection of bagels, pastries, artisanal bread with spreads, creamy yogurts, cereals, and seasonal fruit. The bagels and pastries are provided by local Long Island bakeries. Offerings may vary slightly depending on availability. This exclusive experience is reserved for our registered guests as part of your elevated stay.

Please alert the breakfast attendant of any allergies.



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# ICE SKATING

## MARJORIE R. POST COMMUNITY PARK

Address: Unqua Rd, Massapequa, NY 11758

Marjorie R. Post is the only Massapequa Park that has an ice skating rink that attracts people from surrounding neighborhoods. This outdoor ice skating rink is one of three locations of Town of Oyster Bay Ice Skating Rinks.

**Learn more:** [oysterbaytown.com/departments/parks/ice-skating/](https://oysterbaytown.com/departments/parks/ice-skating/)

## SYOSSET-WOODBURY COMMUNITY PARK

Address: 7800 Jericho Tpke, Woodbury, NY 11797

Whether you're seeking a little in the way of fun romance, the health benefits of outdoor recreation during the colder months, or a perfect family memory – it's all just a short ride away in nearby Woodbury.

**Learn more:** [livinghuntington.com/skating-at-the-syosset-woodbury-community-park-ice-rink/](https://livinghuntington.com/skating-at-the-syosset-woodbury-community-park-ice-rink/)

## CANTIAGUE PARK

Address: 480 W John St, Hicksville, NY 11801

Cantiague Park has been part of the Nassau County Park system since 1961, and is centrally located in Hicksville, just off the Northern State Parkway and east of the Wantagh State Parkway.

**Learn more:** [nassaucountyhockey.net/about/rinks-facilities/101855](https://nassaucountyhockey.net/about/rinks-facilities/101855)

## CHRISTOPHER MORLEY PARK

Address: 500 Seasingtown Rd, Roslyn, NY

A classic winter tradition with a community feel. The outdoor rink brings festive energy and nostalgic charm, making it a favorite seasonal activity for all ages.

**Learn more:** [nassaucountyhockey.net/about/rinks-facilities/101855](https://nassaucountyhockey.net/about/rinks-facilities/101855)



# PROPERTY EVENTS

FEBRUARY 8 – SUPER BOWL SOCIAL \$500

FEBRUARY 14 – CHOCOLATE FOUNTAIN & VIOLINIST \$900

FEBRUARY 21 – NATIONAL MARGARITA DAY \$250

FEBRUARY 27 – LI NETS JERSEY REVEAL \$80

MARCH 12 – KARAOKE NIGHT \$800

MARCH 17 – ST. PATRICK'S DAY DESSERT TABLE \$250

APRIL 16 – LVMH WINE TASTING \$350

APRIL 23 – SPRING FLORAL ARRANGEMENT CLASS

# T + B Fit Group Fit Schedule

**Class Schedule: February 1<sup>st</sup> – February 28<sup>th</sup> 2026**

## **CIRCUIT TRAINING: WEDNESDAY – 6:00 p.m. (Mirv)**

*A High Energy Interval Training Class That Incorporates Various Modalities As You Flow From Exercise To Exercise To Build Lean Muscle And Burn Fat!*

## **CLASSICAL MAT PILATES: THURSDAY – 6:30 p.m. (Liz)**

*Focusing on Deep Core Abdominal Muscles While Also Toning The Arms And Legs. You will leave class feeling lengthened, rejuvenated, balanced and aware!*

## **FULL BODY BOOT CAMP: SATURDAY – 9:00 a.m. (Mirv)**

*Expect To Challenge Your Mind And Body As You Alternate Between High And Low Intensity Exercises Through Timed Intervals Of Free Weights, Plyometrics, Cardio Training, and Balance Work!*

## **LOW IMPACT CIRCUIT TRAINING: SUNDAY – 9:00 a.m. (Jeff)**

*A Full Body Interval Training Workout That Keeps You Moving And Burning Calories Without the Impact.*

## **YOGA: SUNDAY – 10:00 a.m. (Kasha)**

*Incorporates Movement And Breath To Create A Vinyasa Flow. Specifically Catered To Improve Balance, Flexibility, Strength And Endurance!*

**Private and Group Personal Training Available For All Your Fitness Needs!**

**To schedule an appointment please contact...**

**Tommy Bastardi**

**Phone: (914) 406-3476**



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# NASSAU COUNTY INDOOR GOLF SIMULATORS

## **GOLFZON RANGE BY LEADBETTER (ADJACENT TO THE SELBY)**

Large indoor golf practice and simulator center with high-end GDR+ simulators and instruction available.

655 Merrick Ave, Westbury, NY 11590

[www.golfzonrange.com/westbury-ny/](http://www.golfzonrange.com/westbury-ny/)

## **X-GOLF WESTBURY**

High-tech indoor golf simulators with dozens of virtual courses — plus food and drinks in a social setting.

1500 Old Country Rd, Westbury, NY 11590

[playxgolf.com/westbury](http://playxgolf.com/westbury)

## **ISLAND GREENS**

Private golf simulator bays with Uneekor simulator tech — bookable by the hour for practice or play.

740 Franklin Ave, Franklin Square, NY 11010

<https://www.islandgreensny.com/>

## **BIG INDOOR GOLF**

Indoor golf simulator venue offering simulated courses and practice bays year-round.

1260 Broadhollow Rd, Farmingdale, NY 11735

<http://bigindoorgolf.com/>

## **LET'S BIRDIE**

Indoor golf simulator with a relaxed atmosphere and simulator play — good for casual rounds or practice.

90 Lakeville Rd, New Hyde Park, NY 11040

<http://www.letsbirdie.com/>



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# SIGHTSEEING

## GOLD COAST MANSIONS

Don't miss the historic Gold Coast mansions, once home to America's wealthiest families during the Gilded Age. These grand estates offer a glimpse into opulent architecture, lush gardens, and the inspiration behind *The Great Gatsby*.

## SANDS POINT PRESERVE (13.5 MI)

127 Middle Neck Rd, Sands Point, NY 11050 | (516) 571-7901

## COE HALL AT PLANTING FIELDS ARBORETUM (12.6 MI)

1395 Planting Fields Rd, Oyster Bay, NY 11771 | (516) 922-9210

## OLD WESTBURY GARDENS (2.9 MI)

71 Old Westbury Rd, Old Westbury, NY 11568 | (516) 333-0048

## OHEKA CASTLE (11.8 MI)

135 W. Gate Dr, West Hills, NY 11743 | (631) 659-1400

## VANDERBILT MUSEUM & PLANETARIUM (22.3 MI)

180 Little Neck Rd, Centerport, NY 11721 | (631) 854-5579



*Oheka Castle*



*Pindar Vineyards*

# BREWERIES

## BARRIER BREWING CO

Popular Oceanside brewery with a rotating tap list and often food trucks/events.

## SOUTH SHORE CRAFT BREWERY

Well-rated craft brewery also in Oceanside.

## LOST FARMER BREWING

Westbury brewery with classic and seasonal brews.

## BARNSHED BREWING

Hicksville brewery with a laid-back vibe.

## LUNCHBOX BREWING COMPANY

Bellmore brewery & beer bar with creative selections.

## MOTION CRAFT BREWED

Massapequa Park spot with both craft beers and ciders (great if you like both on tap).

## THE JACKET BAR & MICRO BREWERY

Micro brewery + bar in Mineola (more pub focus but local brews).

## CAMPGROUND CRAFT BEER & COFFEE (SEA CLIFF)

Not a full brewery but a great local tap spot for craft beer.

## LITHOLOGY BREWING CO.

Farmingdale favorite with a solid tap lineup.

## OYSTER BAY BREWING COMPANY

Classic brewery in Oyster Bay known for approachable styles.

# FARMER'S MARKETS

Long Island boasts a vibrant array of farmers markets, offering fresh, locally sourced produce and artisanal goods. Below are some of the top farmers markets in Nassau County.

## CCE NASSAU FARMERS MARKET AT EISENHOWER PARK

Dates: Saturdays, 9:00 a.m. – 1:00 p.m. (through winter 2026)

Local produce, cooking demos, and community vendors.

Location: Eisenhower Park, SAC Building, Parking Field 8

## HUNTINGTON WINTER FARMERS MARKET (INDOOR)

Location: Spirit of Huntington, 2 Melville Rd, Huntington Station.

Schedule: Sundays, January 4 – April 26, 2026, 9:00 a.m. – 1:00 p.m..

Features: Local food, handmade goods, and small businesses.

## ROCKVILLE CENTRE FARMERS MARKET

Location: Long Island Growers Market

(check specific winter location, often indoors).

Features: Fresh vegetables, fruit, seafood, and baked goods.



# SHOPPING

## ROOSEVELT FIELD MALL (GARDEN CITY)

One of the largest shopping malls in the U.S, featuring luxury brands, department stores, and a wide variety of restaurants.

Key Stores: Nordstrom, Bloomingdale's, Macy's, Gucci, Apple Store.

## WALT WHITMAN SHOPS (MELVILLE)

Upscale, open-air style shopping center with high-end retailers and elegant design.

Key Stores: Saks Fifth Avenue, Bloomingdale's, Louis Vuitton, Anthropologie

## THE AMERICANA MANHASSET (MANHASSET)

Luxury outdoors shopping center often called the "Rodeo Drive of Long Island".

Key Stores: Chanel, Hermes, Cartier, Prada, Tesla

## TANGER OUTLETS DEER PARK & RIVERHEAD (DEER PARK & RIVERHEAD)

Outdoor outlet mall offering discounts on designer and brand-name items.

Key Stores: Nike, Coach, Michael Kors, Calvin Klein, Adidas.



# RESTAURANTS

## THE SHED (AMERICAN & BRUNCH) ON-SITE

685 Merrick Ave, Westbury, NY 11590

(516)794-0572 | [www.intheshed.com](http://www.intheshed.com)

Thursday-Sunday Pool Side Service Available



## FARM ITALY (OPENING JULY 2025)

725 Merrick Ave, Westbury NY 11590

[www.thefarmitaly.com](http://www.thefarmitaly.com)

## TESORO RISTORANTE (ITALIAN)

697 Old Country Rd, Westbury, NY 11590

(516)334-0022 | [www.tesororestaurant.com](http://www.tesororestaurant.com)

## PLORI RESTAURANT (GREEK & BRUNCH)

307 Old Country Rd, Carle Place, NY 11514

(516)279-4762 | [www.ploriny.com](http://www.ploriny.com)

## TOSKANA PIZZA (PIZZA/ITALIAN)

163 Post Ave, Westbury, NY 11590

(516)414-7585 | [www.toskanapizza.com](http://www.toskanapizza.com)

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# RESTAURANTS

## TULUM TACOS & TEQUILLA (MEXICAN)

230 Jericho Tpke, Mineola, NY 11501  
(516)246-9499 | [www.Tulumta.com](http://www.Tulumta.com)

## CITY CELLAR (AMERICAN MODERN)

1080 Corporate Dr, Westbury, NY 11590  
(516)693-5400 | [www.citycellarny.com](http://www.citycellarny.com)

## PUNTA CANA DOMINICAN GRILL (DOMINICAN BOWLS & EMPANADAS)

162 Post Ave, Westbury, NY 11590  
(516)280-4099 | [www.puntacanadominicangrill.net](http://www.puntacanadominicangrill.net)

## KABUL KABAB HOUSE (MEDITERRANEAN)

247 Post Ave, Westbury, NY 11590  
(516)280-4753 | [www.kabulkababhouse.com](http://www.kabulkababhouse.com)

## THE CHEESECAKE FACTORY (AMERICAN)

1504 Old Country Rd, Westbury, NY 11590  
(516)222-5500 | [thecheesecakefactory.com](http://thecheesecakefactory.com)

## FANDOQ (PERSIAN)

1610 Old Country Rd, Westbury, NY 11590  
(516)279-4551  
<https://order.toasttab.com/online/fandoq-1610-old-country-road>

## KPOT KOREAN BBQ & HOT POT (KOREAN)

1500 Old Country Rd #102B-2, Westbury, NY 11590  
(631)228-3668 | [thekpot.com](http://thekpot.com)

# NASSAU COUNTY'S MUSEUM ROW

Museum Row in Garden City, Nassau County, features four unique museums: Cradle of Aviation, Nassau County Firefighter Museum, Long Island Children's Museum, and the upcoming Long Island Museum for Science and Technology. Spend a day exploring all or visit one at a time.

## CRADLE OF AVIATION

Discover aviation history with a focus on Long Island, view model planes, artifacts, and sit in a fighter plane. Enjoy the Blue Angels Ride Theater, dome theater films, or sky theater planetarium..

## THE NASSAU COUNTY FIREFIGHTER MUSEUM AND EDUCATION CENTER

Explore the heritage of Nassau County's volunteer fire service, see restored firefighting artifacts, and learn about fire safety advancements.

## LONG ISLAND CHILDREN'S MUSEUM

Fun for all ages with hands-on science exhibits in galleries like Brick & Stick and Tool Box. Offers family programs, school field trips, and a "Museum on the Go."

## LONG ISLAND MUSEUM FOR SCIENCE AND TECHNOLOGY

Under construction, this museum will offer interactive science and technology exhibits and connect to the Cradle of Aviation.

# STATE PARKS & BEACHES

Take time to explore Long Island's stunning state parks and beaches, where natural beauty meets outdoor adventure. From hiking scenic trails to relaxing on pristine shorelines, these spots offer the perfect escape from the everyday.

## *State Parks*

CAUMSETT STATE HISTORIC PARK PRESERVE  
(LLOYD HARBOR)

CONNETQUOT RIVER STATE PARK PRESERVE  
(OAKDALE)

CALEB SMITH STATE PARK PRESERVE  
(SMITHTOWN)

NISSEQUOGUE RIVER STATE PARK PRESERVE  
(KINGS PARK)

## *Beaches*

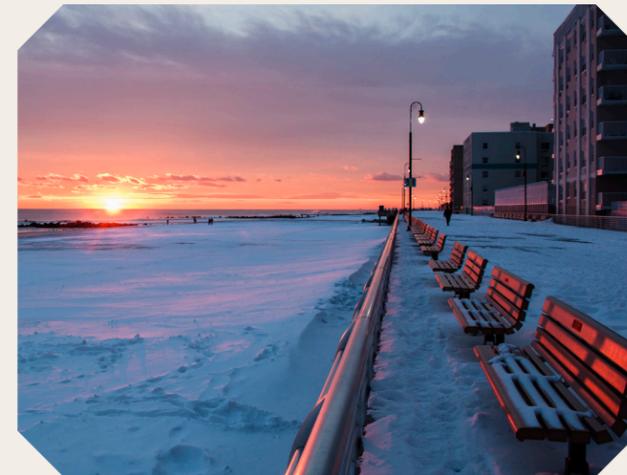
JONES BEACH STATE PARK (WANTAGH)

LONG BEACH (LONG BEACH)

ROBERT MOSES (FIRE ISLAND)

COOPERS BEACH (SOUTHAMPTON)

FIRE ISLAND NATIONAL SEASHORE  
(FIRE ISLAND, FERRY RIDE REQUIRED)



# NASSAU COUNTY VENUES



## EISENHOWER PARK

This summer, discover the vibrant offerings of Eisenhower Park – a premier destination for seasonal enjoyment. From free outdoor concerts and nationally recognized barbecue festivals to lively farmers markets, mini golf, and so much more, there’s something for everyone to enjoy. Explore the full schedule of events at the official site: [Free Concerts & Movies | Nassau County, NY - Official Website](#)

## OLD WESTBURY GARDENS

Offering a variety of cultural events, educational programs, and seasonal activities makes Old Westbury Gardens a cherished destination for history enthusiasts, garden lovers, and families alike. Full calendar of events at the official site: [Events Calendar – Old Westbury Gardens](#)

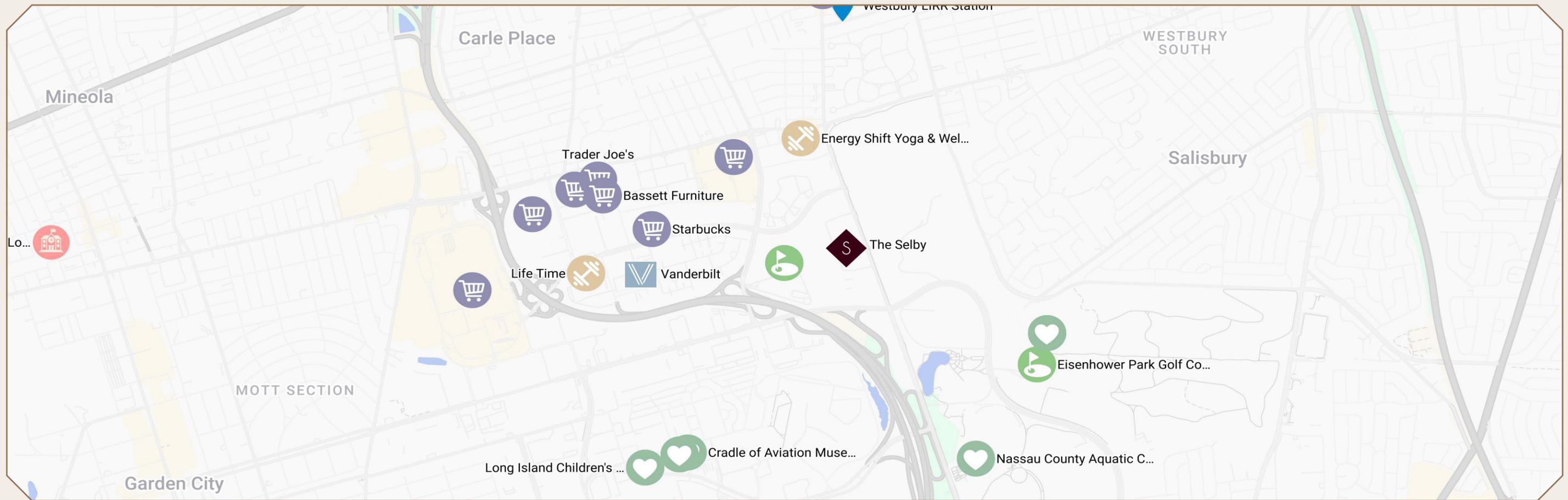


## THE FLAGSTAR AT WESTBURY MUSIC FAIR (FORMERLY NYCB THEATRE AT WESTBURY)

A premier destination for concerts, comedy shows, and theatrical performances, maintain its legacy as one of Long Island’s most cherished cultural landmarks. [Flagstar at Westbury Music Fair | Westbury, NY | Westbury Music Fair](#)

## THE NORTHWELL HEALTH AT JONES BEACH THEATER

Situated within Jones Beach State Park, the theater offers audiences an unparalleled experience with performances set against the backdrop of the Atlantic Ocean. Its unique location and design have made it a favorite destination for both artists and fans, hosting a diverse array of concerts and events throughout the summer season. For more information on upcoming events and tickets, visit the official website: [JonesBeach.com - Theater Concerts 2025 | State Park | Tickets](#)



# LIFE *in the* HEART of LONG ISLAND

A CENTRAL LOCATION

The Selby places residents steps from the tree-lined trails and rolling green fairways of the 930-acre Eisenhower Park in the coveted village of Westbury. Just outside The Selby, a world of recreation awaits, including three golf courses, tennis courts, skating rinks and the largest aquatics center in the Northeast. Within minutes of home are Long Island's most acclaimed boutiques, world-class dining, sports venues, arts and entertainment centers, and picturesque beaches. From its central, commuter-friendly location, The Selby offers convenient nearby access to Long Island's freeways and the Westbury LIRR station, offering 40-minute service to New York City's Penn Station.



THESELBYLI.COM

Leasing Gallery Open Daily 10am – 5pm  
695 Merrick Avenue, Westbury, New York 11590  
516-908-8498



\*Prices and availability are subject to change without notice.

